

# NEWSLETTER

MONTHLY NEWSLETTER

APRIL 2024



## AS-SALAMU ALAYKUM!

As we revel in the joyous celebrations of Eid and the vibrant spirit of April, we extend a heartfelt welcome to you and your loved ones.

May this festive season bring you endless moments of joy, peace, and prosperity. We wish you a truly magnificent Eid and an April filled with delightful experiences.

Indulge in the finest dining experiences, rejuvenate your senses at our Anantara Spa, and discover exciting new activities such as our paddle court and captivating kids' programs.

Join us in creating unforgettable moments in this haven of fun, luxury, and relaxation.

**Mohammed Wazir**  
General Manager

**RECREATION**  
PADEL COURT

**ANANTARA SPA**  
UNWIND AND GLOW

**CULINARY**  
BENIHANA POP UP



# CULINARY JOURNEYS

## IN-VILLA BBQ



Why leave your villa when you can stay in and savour the night with the flavours of freshly-grilled BBQ? Enjoy gazing at the stars and taking a lovely dip in your pool.

## ARABIAN SHUWA BEACH EXPERIENCE



Stunning sea and the sky line of Doha city. Lose yourself in the magical tranquility of the beach as you gather in a traditional Majlis-style tent, enjoying a banquet of slow-cooked marinated lamb ("shuwa"), along with other specialties from Al Nahham restaurant. A favourite Omani recipe, "shuwa" is a dish of slow-cooked marinated lamb.

Enjoy this wonderful feast with family and friends in one tent. (Minimum of 4, maximum of 10 in one tent)

Price starts at QAR 500 per person

## FLOATING PICNIC



Unlock a more unforgettable island holiday by enjoying a panoramic ocean view, while lounging on a floating HamaLand and having snacks and refreshments together.

QAR 699 for 2 persons





**GRILL AND THRILL**  
**EXCLUSIVE BENIHANA POP-UP**

Indulge in an extraordinary dining experience with Benihana's exclusive culinary pop-up at Q Lounge. Delight in the exquisite 'Rocky's Choice Menu' or 'Land & Sea Menu', featuring a tantalising array of dishes like Miso Soup, Benihana Salad, Hibachi Rice, and the iconic California Maki Roll.

Daily at Q Lounge Upper Cabana  
From 2.00 pm - 10.30 pm (3 Seatings)

## RESTAURANT TIMINGS



**6.30 am - 10.30 pm** Breakfast  
**1.00 pm - 4.00 pm** Brunch (Aloha) – Every Friday



**9.00 am onwards** Pool and beach service  
**12.00 noon to 10.30 pm**  
Lunch and dinner service



**1.00 pm - 11.45 pm** Open from Tuesday to Sunday  
À la carte lunch and dinner (Closed on Mondays)



**12.00 pm / noon - 9.00 pm** (8.30 pm last order)  
À la carte lunch and dinner



Open daily from 10.00 am to sunset

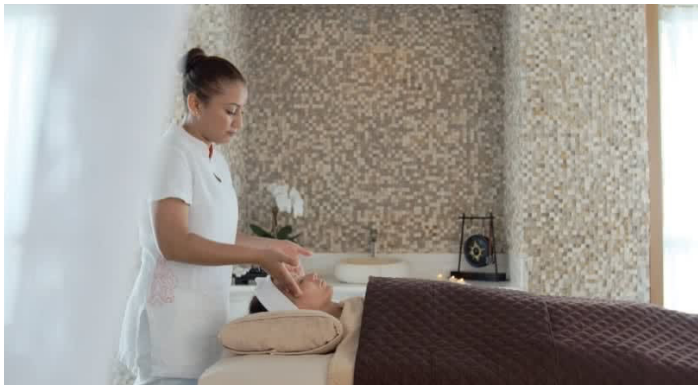


Open from **3.00 pm to 10.00 pm**  
(Tuesday to Saturday)  
**Mondays 1.00 pm to 10.00 pm**  
(Closed on Sundays)

**Dining by Design / In-Villa BBQ and Cinema Under the Stars**  
Available upon request with a 24-hour advance booking

**In-Room / In-Villa Dining**  
Available 24/7

# ANANTARA SPA



## UNWIND AND GLOW

**QAR 800** per person during weekdays

**QAR 900** per person during weekends

Enjoy a luxurious 90-minute massage and receive a complimentary Express Facial.

Indulge your senses and melt stress away with a 90-minute massage, leaving you feeling refreshed and rejuvenated. Then enhance your glow with a 30-minute complimentary Express Facial, designed to revitalise your skin.

Package includes:

90-minute massage

30-minute Express Facial

### Terms And Conditions

Limited availability. Advance booking is required.

Offer and inclusions cannot be used in conjunction with any other offer, discount or package and is non exchangeable, transferable or redeemable for cash.



## MIDDAY SPA SAVINGS

**From QAR 600**

Delight in 20% savings on single treatments between 10.00 am - 1.00 pm on weekdays.

Treat yourself to any single treatment from our spa menu between 10.00 am - 1.00 pm on weekdays and enjoy 20% savings. Choose the Anantara Signature Massage for deep relaxation and improved energy flow, or delight in a Deep Cleansing Facial for a more youthful appearance, or pamper your body from top to toe in an Hammam ritual that leaves your skin so supple and rejuvenated.

### Terms and Conditions

Pre-booking is advised. Subject to availability at the time of booking.

Offer and inclusions cannot be used in conjunction with any other offer, discount or package and is non exchangeable, transferable or redeemable for cash.



# ISLAND ACTIVITIES



## KIDS ACTIVITIES

SUPER SUNDAY	MARVELOUS MONDAY	TERRIFIC TUESDAY	WONDERFUL WEDNESDAY	TREMENDOUS THURSDAY	FANTASTIC FRIDAY	STUPENDOUS SATURDAY
<b>Paper Flower Making</b> 9.30 am - 10.30 am	<b>Friendship Bracelet Making</b> 9.30 am - 10.30 am	<b>Mask Making</b> 9.30 am - 10.30 am	<b>Nature Craft</b> 9.30 am - 10.30 am	<b>Make Your Own Binocular</b> 9.30 am - 10.30 am	<b>Kids Yoga</b> 10.00 am - 10.30 am	<b>Greeting Card Making</b> 9.30 am - 10.30 am
<b>Shell Painting</b> 11.00 am - 12.00 pm	<b>Rock Painting</b> 11.00 am - 12.00 pm	<b>Gypsum Painting</b> 11.00 am - 12.00 pm	<b>Colored Sand Art Painting</b> 11.00 am - 12.00 pm	<b>Balloon Twisting</b> 11.00 am - 12.00 pm	<b>Face Painting</b> 11.00 am - 12.00 pm	<b>Cooking Classes</b> 11.00 am - 12.00 pm
<b>Art Collage</b> 12.00 pm - 01.00 pm	<b>Photo Frame Making</b> 12.00 pm - 01.00 pm	<b>Cloud Catcher Making</b> 12.00 pm - 01.00 pm	<b>Musical Chairs</b> 12.00 pm - 01.00 pm	<b>Recycling</b> 12.00 pm - 01.00 pm	<b>Hide and Seek</b> 12.00 pm - 01.00 pm	<b>Cup Stacking Challenge</b> 12.00 pm - 01.00 pm
<b>Cinema Time</b> 1.00 pm - 2.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm	<b>Cinema Time</b> 1.00 pm - 02.00 pm
<b>Board Games and Puzzle</b> 2.00 pm - 3.00 pm	<b>Tic Tac Toe</b> 2.00 pm - 3.00 pm	<b>Squid Game</b> 2.00 pm - 3.00 pm	<b>Eye Spy Game</b> 2.00 pm - 3.00 pm	<b>Memory Game</b> 2.00 pm - 3.00 pm	<b>Balloon Relay</b> 2.00 pm - 3.00 pm	<b>Twister Challenge</b> 2.00 pm - 3.00 pm
<b>UNO Challenge</b> 3.00 pm - 04.00 pm	<b>Indoor Scavenger Hunt</b> 3.00 pm - 04.00 pm	<b>Water Balloon Hunt</b> 3.00 pm - 04.00 pm	<b>Kite Making</b> 3.00 pm - 4.00 pm	<b>Relay Games</b> 3.00 pm - 4.00 pm	<b>Treasure Hunt</b> 3.00 pm - 4.00 pm	<b>Water Balloon</b> 3.00 pm - 4.00 pm
<b>Scavenger Hunt</b> 4.00 pm - 5.00 pm	<b>Beach Fun Games</b> 4.00 pm - 5.00 pm	<b>Limbo Challenge</b> 4.00 pm - 5.00 pm	<b>Kite Flying</b> 4.00 pm - 5.00 pm	<b>Picnic Time</b> 4.00 pm - 5.00 pm	<b>Free Play</b> 4.00 pm - 5.00 pm	<b>Sand Castle Making</b> 4.00 pm - 5.00 pm
<b>Sponge Painting</b> 5.00 pm - 6.00 pm	<b>Board Games</b> 5.00 pm - 6.00 pm	<b>Water Balloon Volleyball</b> 5.00 pm - 6.00 pm	<b>Medal Making</b> 5.00 pm - 6.00 pm	<b>Cup by Cup Challenge</b> 5.00 pm - 6.00 pm	<b>UNO Card Game</b> 5.00 pm - 6.00 pm	<b>Finger Painting</b> 5.00 pm - 6.00 pm
<b>Kids Zumba</b> 7.00 pm - 8.00 pm	<b>Movie Night</b> 7.00 pm - 8.00 pm	<b>Disco Night</b> 7.00 pm - 8.00 pm	<b>Movie Night</b> 7.00 pm - 8.00 pm	<b>Freeze Dance</b> 7.00 pm - 8.00 pm	<b>Disco Night</b> 7.00 pm - 8.00 pm	<b>Movie Night</b> 7.00 pm - 8.00 pm

### REMARKS

- Outdoor activities are subject to change based on weather conditions.
- Activities are open for kids ages 3 to 12 years old.
- Parents must sign a disclaimer form before the start of any kids' activities.
- Guests are encouraged to bring their own sun protection and hat.
- For more information, please visit Cool Mint Kids' Club or call +974 4040 5135

### ENJOY MORE

Golf Putting    Fitness Centre  
9.00 am - 5.00 pm    Open 24 hours

Cinema    Teens Club  
10.00 am - 10.00 pm    9.00 am - 9.00 pm

## SURF POOL

Get wet and have fun! Learn how to surf in a controlled environment supervised by professional instructors.

Waves inside our two surfing lanes can be customised to suit any level.



## BOWLING ALLEY

Our Island hosts a professional bowling alley, a perfect day out for all the family. Put on your bowling shoes and give it your best shot, with bowling balls for those big or small.



## WATER SPORTS ACTIVITIES

### OPEN FROM

9.00 AM - 5.00 PM

- Banana boat ride
- Doughnut ride
- Wake-boarding
- Kayaking
- Pedal boat
- Paddle boat
- Water bicycle



## PADEL COURT

Padel is a sport that combines action, fun, and social interaction, making it suitable for players of all ages and skill levels due to its quick and easy learning curve.

It is usually played in doubles on an enclosed court surrounded by walls of glass and metal mesh. The ball can bounce off any wall but can only hit the court surface once before being returned. Points can be scored when the ball bounces twice on the opponents' side.

### Daily from 9.00 am - 9.45 pm

- Capacity: Maximum 4 participants per court.
- Court Cost: QAR 250 per 60-minute outdoor booking.
- Paddle rackets and balls are available on request, and a set fee is charged for their usage. A deposit should be made.
- Adequate footwear is required: strictly no bare feet.
- Appropriate clothing must be worn when using the padel court. (i.e., t-shirt, shorts, non-marking tennis shoes) at all times. No swimsuits, tank tops, halter tops, or aerobic.

**For bookings, please contact the recreation centre +974 4040 5131  
or email [recreation.adoh@anantara.com](mailto:recreation.adoh@anantara.com)**

LIFE IS A JOURNEY. [anantara.com](http://anantara.com)



منتجع جزيرة البنانا  
BANANA ISLAND  
RESORT DOHA  
BY ANANTARA

# DIVING CENTER

## FACILITIES AND SERVICES

### FAMILY AND KIDS DIVING PROGRAM

Embark on exciting new journeys together as a family by exploring diving, a pursuit that not only strengthens family ties but also lays the foundation for a lifetime of shared adventures. Whether opting for activities like Bubble Maker, Pool Dive Try Dive, or Empower through Adventure, diving experiences offer a chance to foster resilience and confidence in children while enjoying the thrill of exploration.

### DIVING ACTIVITIES & PRICES

#### START UP PROGRAMS

- Pool dive - QAR 500
- Try dive - QAR 700 (min. age 10 years old)
- Bubble maker - QAR 700  
(at the pool only, minimum age 8 years old)

#### FUN DIVE (certified divers)

- Fun shore dive - QAR 200
- 2 fun shore dive - QAR 300
- Scuba review - QAR 700
- Check dive - QAR 500

#### EQUIPMENT RENTAL CHARGES

- Mask - QAR 35
- Fins - QAR 35
- Regulator - QAR 50

#### REMARKS:

- Children aged 8 years and above are welcome to join.
- Advance booking is necessary for participation.
- At least one sibling must take part in the program.

**For inquiries and booking Please call Recreation Center +974 4040 5135  
or email [recreation.adoh@anantara.com](mailto:recreation.adoh@anantara.com)**

#### DIVING COURSES

- Scuba diver - QAR 1400
- Junior scuba diver - QAR 1400
- Junior open water - QAR 2400
- Open water - QAR 2400
- Adventure - QAR 1350
- Advanced open water - QAR 2350
- EFR - QAR 800
- Rescue - QAR 2350
- Dive master - QAR 4000
- Assistant Instructor - QAR 3000
- Nitrox specialty - QAR 1000



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BANANA ISLAND  
RESORT DOHA

BY ANANTARA



## UNLOCK LAVISH REWARDS WITH OUR AL MASSA MEMBERSHIP!

By becoming a member, you and your loved ones can enjoy amazing year-long savings and special benefits on your island getaways and unique local experiences.

Save on gastronomic adventures and treat your taste buds with Middle Eastern delights and international flavours. Indulge in a relaxing spa treatment or learn how to ride the waves at our surf pool. Discover an array of rewards and complimentary vouchers for beach access and dining journeys – all at an exclusive price for our dear Al Massa Card holders.

The Al Massa Card includes a one-year membership, as well as a booklet of complimentary vouchers for fine dining and fun island activities.

- **Silver Membership – QAR 2,750**
- **Gold Membership – QAR 6,000**

For inquiries and bookings, call +974 6003 0773 or email [sales.adoh@anantara.com](mailto:sales.adoh@anantara.com)