



ANANTARA

SANTORINI ABU DHABI
RETREAT

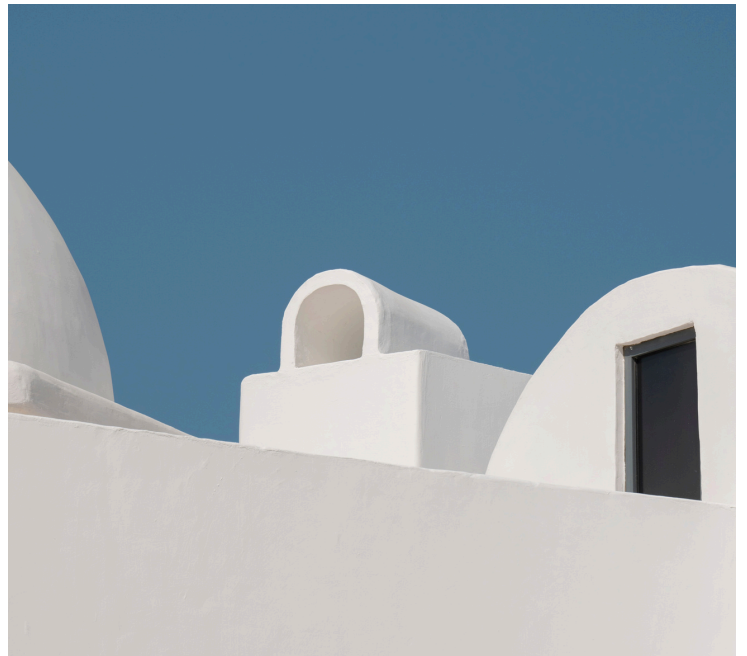


Santorini Sundays

Experience a group wellness day in the UAE every Sunday at the Greek-inspired Anantara Santorini Abu Dhabi Retreat. Connect with like-minded souls through welcome intention-setting and breathwork, slow flow yoga, and a nourishing breakfast with optional creative workshops and, and beach & pool access.

Every Sunday
Anantara Santorini Abu Dhabi Retreat

elsrxs



About

Be welcomed with a refreshing herbal-infused drink as you set your intention for the day. Move into a relaxing breathwork and slow-flow yoga session, with soothing handpan music in the background. Refuel with a healthy wellness breakfast afterwards.

Opt for the full-day session to join a guided Creative Expression Workshop. In the afternoon, unwind by the pool or soak up the sun on the beach.

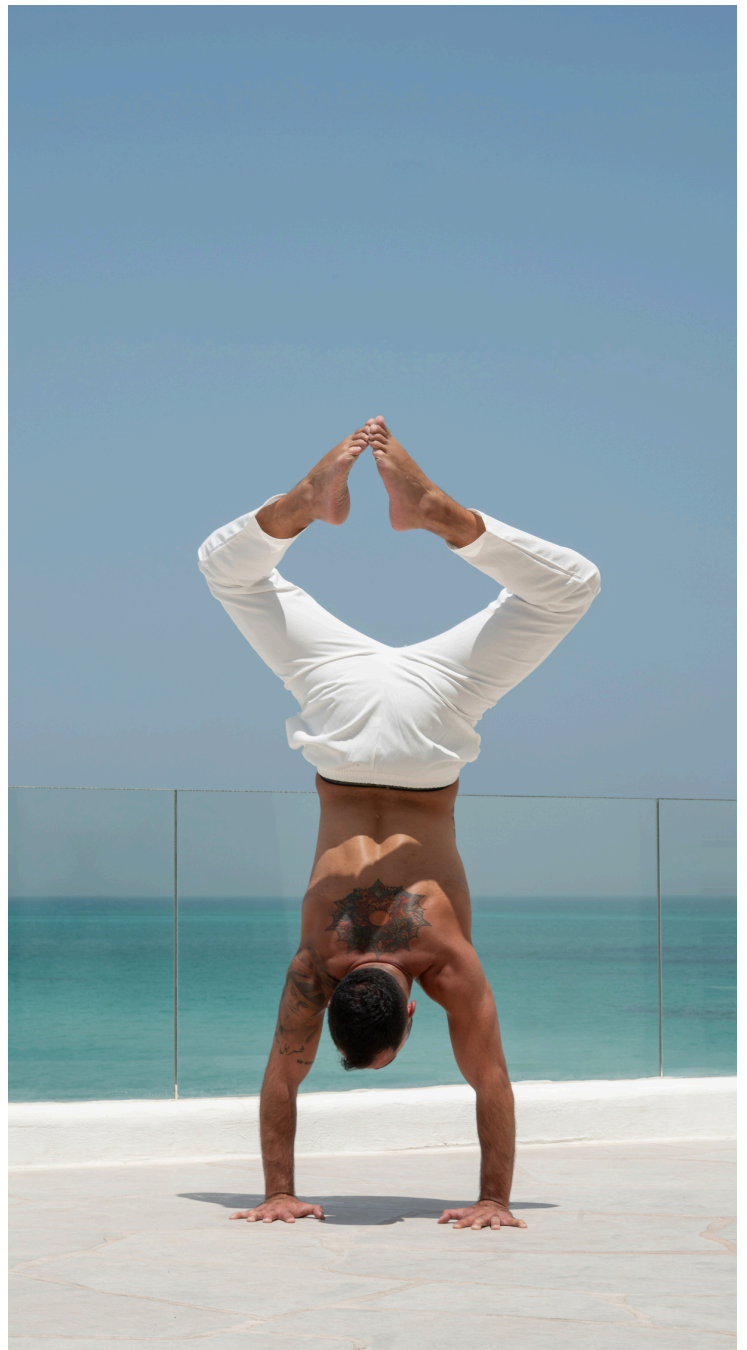
Full Day Session With Pool & Beach Access

Time: 9:00 am – Sunset

Price: AED 1,200 per person

Inclusions:

- Herbal-infused welcome drink
- Morning Intention-setting & ground breathwork session
- 60-minute slow-flow yoga accompanied by handpan music
- Wellness breakfast
- Creative Expression Workshop
- Pool & Beach Access from 1:00 pm onwards





Morning Session

Time: 9:00 am – 11:00 am

Price: AED 900 per person

Inclusions:

- Herbal-infused welcome drink
 - Morning Intention-setting & ground breathwork session
 - 60-minute slow-flow yoga accompanied by handpan music
 - Wellness breakfast
-



Add-on for morning session:

Creative Expression Workshop

Time: 12:00 pm – 1:00 pm

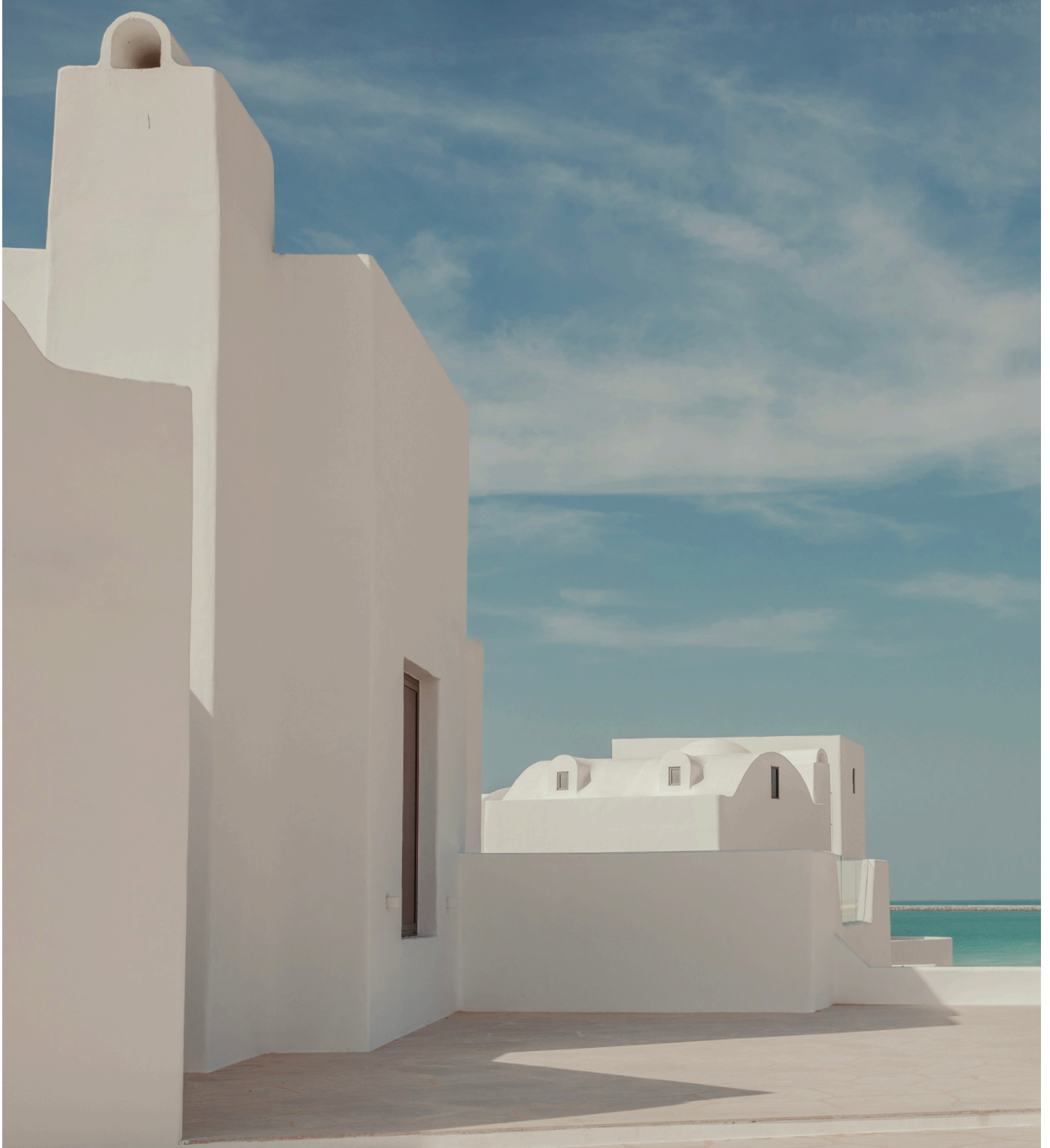
Price: AED 500 per person

Weekly rotating workshops include:

- Intuitive Painting
- Vision Board & Journaling
- Mandala Art workshop
- Calligraphy Art workshop

The Creative Expression Workshop is available upon request for bookings of two guests or more.

Spaces are limited to ensure an intimate and intentional experience.



Start Your Week with Intention

This is a guided group activity. Advance reservation is required. For enquiries and bookings, please contact:
santorini@anantara.com